

Pediatric and NICU Nutrition Workshop (Live on March 27, 2024) 4hrs

This event was held live online. The Dieticians on Demand website has to offer this workshop.

This virtual symposium covered Neonatal Nutrition in the NICU and Early Pediatric Nutrition.

This workshop was provided by pediatric dietician neonatal expert Carrie Finch, MS, RDN.

This virtual event covered topics such as:

- Assessment of NICU and early pediatric patients
- How to assess growth
- Enteral and parenteral nutrition
- The importance of nutrition-related protocols
- Meeting the nutritional needs of NICU grads
- Allergies and intolerances
- Managing feeding difficulties
- Troubleshooting when nutrition interventions aren't working

The presenter was very knowledgeable and she went through this topic step by step by explaining many applications and guidelines in regards to neonatal nutrition support.

Before this, I was not familiar with neonatal enteral and parenteral nutrition protocols.

It was extremely helpful to gain insights about neonatal nutrition.

I have learned the importance of nutrition on extremely premature infants born <28 weeks gestation, without proper feeding care they are at risk to die.

Additionally, the presenter covered gestational age classification, how to read growth charts and growth terminology.

How to make a nutrition assessment and make a proper diagnosis of malnutrition, nutritional needs, calorie & macronutrient needs, especially protein needs, medications, and fluid balance.

This workshop was very helpful in finding appropriate information from various sources like ASPEN sources.

https://www.nutritioncare.org/Guidelines_and_Clinical_Resources/Neonatal_Care_Resources/

This workshop's tips are a great addition to my basic EN/PN knowledge.