

IP3: Integrative and Functional Nutrition Summary List:

Content	Total 30 Hours/ 18000 mins needed
Functional Medicine	90 mins
Gluten Summit: Cynthia Kupper	60 mins
Diabetes Summit: Caryn Zinn	45mins
Diabetes Summit: Dr.Espinoza	40mins
Diabetes Summit: Peter Osborn	50 mins
Gut Health Summit: Dr.Volinsky	60 mins
Gut Health Summit: Dr. Siebecker	75 mins
Weston Price Foundation seminar	5hr or 300mins
The Oiling of America By Sally Fallow Morell	120 mins
Dietary Supplement 3x	96+67+46
Metabolic Obesity 2x	120 mins
Digital Products: Getting Started Basis.	60 mins
Liver 2x	105 mins
Gastrointestinal System	65+60
Fermented food by Sommet Bock	90 67min
Bitter Truth	90 min
Fat chance	90 min
Vitamin D	75 mins
Developing NCP with Functional Medicine	24min

